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Matthew Ellis, Dr. Jane Wilson-Howarth
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#13300519 in Books Bradt Travel Guides 1998-04-01Original language:EnglishPDF # 1 .61 x 5.33 x 8.47l,
#File Name: 1898323631198 pages | File size: 20.Mb

Matthew Ellis, Dr. Jane Wilson-Howarth : Your Child's Health Abroad: A Manual for Traveling Parents

before purchasing it in order to gage whether or not it would be worth my time, and all praised Your Child's Health Abroad: A Manual for Traveling Parents:

2 of 2 people found the following review helpful. A little out-of-date, but still helpfulBy RAI wish the author and publisher of this book would update it! Some of its information is a little out-of-date (especially about vaccinations, such as for Japanese Encephalitis), but I still find the book helpful as I prepare to birth my first child in a foreign country. My husband and I currently use this book when we have questions about our own maladies. I find the book to be organized a little counter-intuitively for some purposes since everything is divided by area of the body and/or symptom; I can't easily look up the symptoms of a specific malady if I suspect we might have it. Nevertheless, I am sure I will consult this book first when I'm worried about whether I should take my child to the doctor.6 of 6 people found the following review helpful. Indispensable for parents traveling with childrenBy Rob LeonardThis book is so informative and so interesting, it is absolutely mandatory for parents traveling with children in areas of the world where there are health issues beyond your experience. There is a prodigious amount of up-to-date and accessible information packed into this volume--and it's the kind of book that you want to read from cover to cover, even the parts less relevant to your needs. My husband and I recently returned from a six-month sojourn in Thailand, Laos and Burma with our four children (aged 7, 5, 3 and 1). We carried this book as part of our medical kit, and it was invaluable in preparing that medical kit and also in helping to plan our trip itinerary (i.e., the book convinced us that

malaria was the one nonnegotiable health issue). Memorable anecdotes from expatriate and traveling families pepper the book. There's nothing else like this out there. 3 of 3 people found the following review helpful. Comprehensive Guide on Travel Concern for Parents By littleplum This book is now the only book I take on our travel (Taiwan, U.K., France, etc) -- it is an excellent resource addressing everything from the likelihood of certain diseases in different regions of the world to how to handle health concerns for kids and when/how to take action when needed. I'd highly recommend this to parents traveling with kids. Not to mention, I got our best air travel tip from this book (wrapping up some toys/books as presents on long trips as a special surprise).

An essential book for parents and carers, covering all world regions. Includes advice on how to deal with specific illnesses, diseases and accidents, and when to call in the experts.

"...offers practical no-nonsense advice." The Times "An invaluable publication for parents travelling off the beaten track (and even on it)." Family Travel "...straightforward advice about planning and preparation as well as information on preventative care...in an easy-to-use format." Geographical Magazine "Peace of mind has rarely been so immediate and compact." Sunday Times "Excellent." The Independent "The answer for stress-free independent family travel." Outdoor Pursuits magazine From the Back Cover Your Child's Health Abroad is a down-to-earth guide for anyone traveling overseas with children, whether on a two-week family holiday or a long-stay posting in the developing world. The approach is both reassuring and practical, showing how to deal with situations ranging from the relatively minor to life-threatening emergencies. Advice about planning and preparation, where to go and what to take is followed by information on preventative care, including immunization, food, and avoidance of sunburn and diarrhea. This no-nonsense guide will help you to recognize symptoms, explaining what you should do and when to call a doctor.