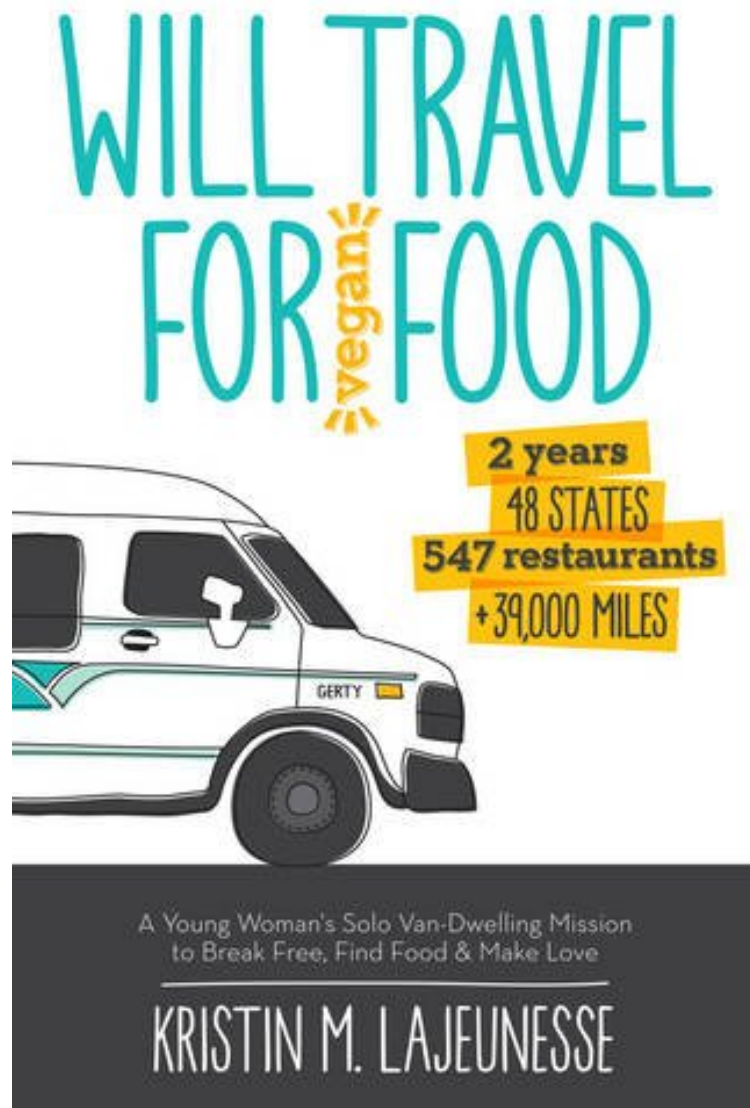


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Will Travel for Vegan Food: A Young Woman's Solo Van-Dwelling Mission to Break Free, Find Food, and Make Love

Kristin Lajeunesse

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Kristin Lajeunesse : Will Travel for Vegan Food: A Young Woman's Solo Van-Dwelling Mission to Break Free, Find Food, and Make Love before purchasing it in order to gauge whether or not it would be worth my time, and all praised Will Travel for Vegan Food: A Young Woman's Solo Van-Dwelling Mission to Break Free, Find Food, and Make Love:

8 of 8 people found the following review helpful. Enjoyable at times but felt like it was lacking at other times
By NIBsmf
As someone who has been following Kristin since near the beginning of her road trip and who has always appreciated Kristin's personable and obviously compassionate personality, I really wanted to love this book and am sad to say that I don't feel that way. While it was definitely enjoyable at times, something felt lacking to me. Pros: Kristin's personable writing style, Kristin's openness, Kristin's authenticity, maps that showed where she traveled to for each section of the book, and the inspiring theme of finding oneself and building connections in the world. Cons: a lot of flashbacks throughout the book that caused it to not feel linear much of the time and sometimes caused confusion, the use of "big" words that seemed misused as if just there to try to impress people by the mere use of such words (e.g. Kristin wrote "epically quaffed" about someone's hair when I'm pretty sure she meant coiffed since quaffed means to drink something heartily and also wrote that snow came down "in droves" when droves refers to large numbers of people or animals), and sometimes it felt like there was TMI regarding sex scenes (and I say this as someone who is DEFINITELY not a prude but just feels that sometimes sex is used more to be risqué than to actually add to a story, which in this case is how it felt). Also, perhaps this is my fault for misunderstanding that the book was not really meant to be like the blog in being focused on the vegan food, but I felt that the veganism and food did not have enough of a starring role in the book. I now understand after reading the book that the publishing offer was made for Kristin to write about the personal side of the adventure, but I still would have liked to have read more about the visits to restaurants or at least about what the vegan community (or lack thereof) was like in various parts of the country.

1 of 1 people found the following review helpful. Novel idea; more of a sanitized itinerary than personal story of growth.
By Lynn Davis
The author glossed over personal details that would have made the book much more interesting and failed at playing it safe instead of inviting the reader further into her experiences. The book was heavy on information in the beginning but became lighter and sloppier in the latter parts of the book. For the degree of self-promotion evident in the book, I would have expected a greater emphasis on reflection and insight. An extra star for the poop story.

0 of 0 people found the following review helpful. Sometimes TMI for my tastes, but an entertaining book about an impressive adventure
By Sheri E. Barnes
I really enjoyed Lajeunesse's memoir of her pursuit of both great vegan food across the country and of a more thorough understanding of herself. On her journey, she found both. I found myself at times in awe of her courage to take risks, mildly irritated by her complaints about the life she chose (but, I recognize that I have also chosen my life and have complaints about it, too), laughing out loud and cringing at TMI moments (like a too-lengthy and vivid description of waking up in her van with impending diarrhea). All in all, it is a good book that demonstrates one more way to advocate for a more compassionate world. Activism is not the only way to help animals. I do find her courage and sense of adventure inspiring.

Despite a shiny new graduate degree, a dream job, and a great relationship, something felt terribly off in Kristin's life. With the weight of uncertainty riding high, she stumbled upon some reading materials that would inspire a complete upheaval of her current life path. To the shock of family and friends, Kristin quit her job, ditched almost all of her belongings, crowdsourced funds, moved into an old van named Gerty, and set out on the road in an effort to eat at and write about every single vegan restaurant in the United States. Join Kristin for the ultimate foodie-inspired road trip that spanned 2 years, 48 states, 547 restaurants, and more than 39,000 miles; and find out how it led to her unparalleled freedom, love, and amazing self-discovery.

This unconventional memoir of love and food will make you laugh- right before it challenges you to live and think differently. Follow the breadcrumbs that lead to page one. --Chris Guillebeau, NYT bestselling author of *The \$100 Startup*
Part Cheryl Strayed, part Elizabeth Gilbert, Kristin is able to beautifully blend travel, adventure, and good plant-based food into an epic and interesting tale. --Paul Jarvis, bestselling author of *Everything I Know*
Take the road trip of a lifetime with Kristin's brilliant tome on her journey across America in search of great vegan food. Join her in the passenger seat as she not only eats the best food of her life, but also faces unexpected twists and turns, falls in love, embarks on thrilling adventures, and discovers who she really is and what she wants her life to be. *Will Travel for Vegan Food* is heartwarming, laugh-out-loud funny, and full of suspense and will inspire each reader to follow their heart and create the life of their dreams. Whether you're a die-hard foodie, an armchair traveler, or someone who just enjoys a good story, you'll love Kristin's debut novel. I can't wait for more. --Colleen Holland, Co-Founder of *VegNews Magazine*
About the Author
Kristin Lajeunesse is founder of and blogger for the award-winning website *Will Travel for Vegan Food*. In September 2011, the New York native began traveling throughout the US in an effort to eat at and write about every single all-vegan establishment she can find. Eighteen of those early consecutive travel months were spent living out of a renovated sports van affectionately named Gerty. Almost immediately after beginning her journey, Kristin discovered a deep passion for nomadic and unconventional living, and has since chosen to maintain a mobile lifestyle, indefinitely. As of July 2014, Kristin met her goal of visiting and eating in each of the 50 states. A self-employed business and lifestyle strategist, Kristin now works with small business owners and entrepreneurs looking to turn their passions into profitable careers. Kristin is also a founding member of the *Vegan Weddings HQ* website and the *Unabridged Addiction* podcast. She has a Master of Arts in Integrated Marketing Communication

from Emerson College. Follow her travels and business adventures on wtfveganfood.com and kristinlajeunesse.com.