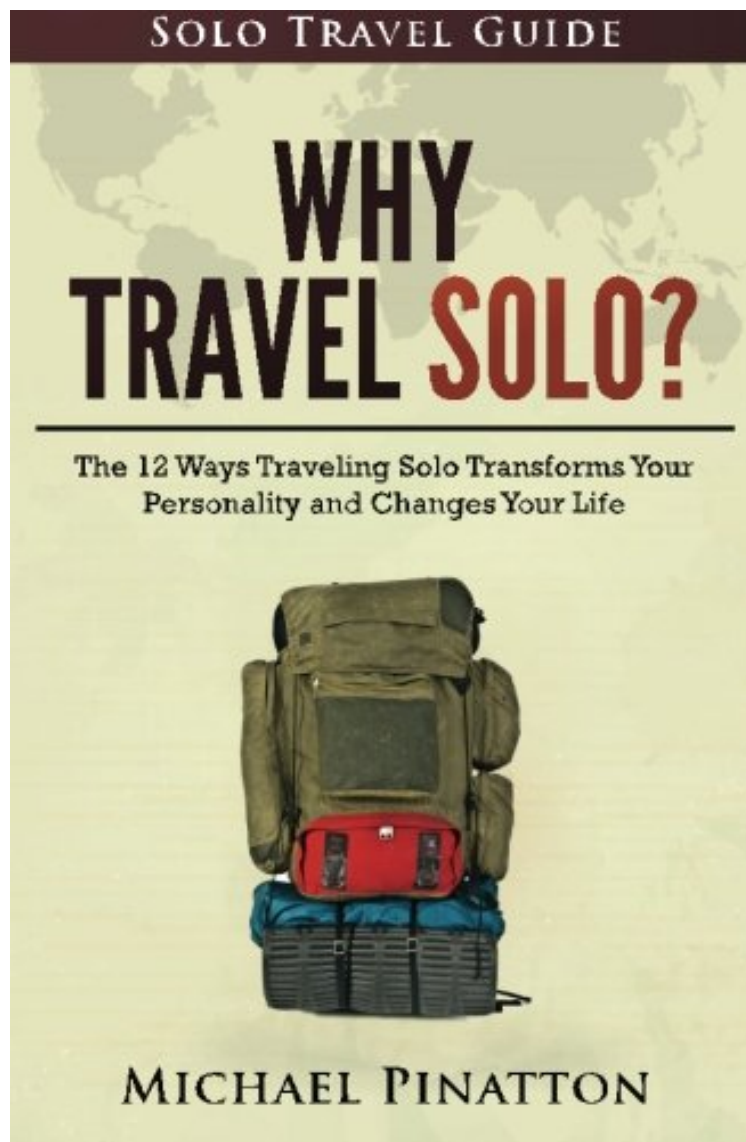


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M Michael Pinatton

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M Michael Pinatton : Why Travel Solo ? : The 12 Ways Traveling Solo Transforms Your Personality and Changes Your Life (Solo Travel Guide) (Volume 1) before purchasing it in order to gage whether or not it would be worth my time, and all praised Why Travel Solo ? : The 12 Ways Traveling Solo Transforms Your Personality and Changes Your Life (Solo Travel Guide) (Volume 1):

3 of 3 people found the following review helpful. Valuable Info for Potential Solo Travellers
By Rosemary O'Leary
If you're thinking about going travelling on your own, then *The 12 Ways Solo Travel Transforms Your Personality* makes for interesting reading. The author writes from personal experience and the twelve reasons he gives why travelling solo can be a fantastic experience are grounded in real-life. Solo travel is something I also enjoy, so I was interested to see how his experiences would compare with mine and, on the whole, I found that I agreed with him on most of the positive points he raises. What really resonated with me though was how group travel diverts your attention and gets in the way of fully engaging with the place and people you are visiting. I particularly enjoyed the interviews with other solo travellers and to hear about their experiences. I must say, though, the claim that solo travel completely transforms your personality and your life may be somewhat of a hyperbole, but it certainly does have a profound effect on how one experiences a country, its people and culture.

0 of 1 people found the following review helpful. Pretty much a college essay, and not a good one at that
By Customer
The book is a very fast read. As another reviewer said, it's essentially a brochure. It took me about 30 minutes to finish the book, and at the end, I felt my \$9 were wasted. The content is light, and Pinatton's insights are very basic. You could easily search online for "solo traveling", and you'll find plenty of websites that give more and go deeper about the subject. There is nothing that sets this book apart from them. Don't be fooled by the slick cover and summary! So, if you really want to know 12 ways traveling solo can change your personality and life, you can: 1) take the money you would have used to buy this book, and 2) use it to take an inexpensive local day trip by yourself. You'll figure out those 12 ways pretty fast, by yourself, and that's a great personal accomplishment!

6 of 6 people found the following review helpful. The more I read, the more I felt this book was made for me!
By Marion Escot
The more I read, the more I felt this book was made for me. It made me comfortable with my choices in life, as a solo female traveler. Every time I started a new chapter I told myself "this is so right!". Traveling alone from destinations to destinations put ourselves to meet people we wouldn't have met if we were traveling in another way. It allows us to do what we really want to do without any duty. It allows you to become more independent, open minded and also smile to life. In any case, Michael's book is full of advice and links if you want to start your path for solo travel. And it's worth it. I loved the traveler's stories at the end that showed me it is possible to travel solo!

WHY TRAVEL SOLO? The twelve ways traveling solo changes your personality and transforms your life Do you want to have new experiences, meet new friends, gain confidence? Do it safely, comfortably, uniquely? Then this is the book for you. **UNLOCK YOUR HIDDEN POTENTIAL** Most of us return from our annual vacation tired, stressed, broke and vowing next year will be different. Well, the sad news is, it won't, unless YOU take control of your budget, your schedule and your itinerary. Let 21st-century nomad Michael Pinatton show you how! In this comprehensive volume, Michael explains how mastering the art of solo travel not only frees you to have the unique and life-changing experiences you want and deserve but how doing so gives you something perhaps even more valuable...The skills to control your life. You will become more self-reliant, aware and confident, secure in your ability to handle yourself in any situation. These benefits will carry over to all areas of your life. **BY TRAVELING SOLO, YOU CAN** Make new friends Have unforgettable experiences Avoid conflict Stay on budget Stop waiting Start living Gain life skills Achieve personal transformation At only 28, Michael Pinatton has already spent over six years traveling the globe. He has lived in Canada, Colombia, the Philippines, Spain and Slovakia, journeyed through most of Europe and visited the USA, Indonesia, Malaysia, Thailand and Taiwan. And he's still going. Michael knows firsthand all the ins-and-outs of arranging and experiencing the journey of a lifetime and he tells you exactly how to achieve it, no matter what your age or income level. He also shares the insights of fellow solo travelers and the benefits they've reaped from going it alone. **STOP WAITING - START LIVING** Maybe you'd like to dive in crystal waters, walk on a black sand beach, ride horseback through the surf, play baccarat at midnight or pet a koala. Maybe your idea of a good time involves jogging at dawn or simply lying in a hammock listening to the palm fronds rustling. Maybe you'd like to dine in a five-star restaurant or perhaps you'd rather eat fish tacos on the beach instead. We all tell ourselves stories about why we can't have what we want in life...we're too young, too old, too tied down, too broke... But the fact is, learning to travel solo will free you from these self-limiting beliefs. You can see and do everything you want, the way you want, if you only have the courage to reach for it. The world is out there... waiting for you! Embrace your inner nomad and reap the rewards of increased confidence, happiness and self-reliance in every aspect of your life. Whether you want to escape for a weekend, a month or a lifetime, learning to travel solo puts your dreams within your grasp. Go for it. **ABOUT THE AUTHOR** 21st century nomad Michael Pinatton knows firsthand the fantastic benefits of solo travel. At this writing, in six years, Michael has lived in Canada, Colombia, the Philippines, Slovakia and Spain. He's also traveled most of the countries of Europe, the U.S.A., Indonesia, Malaysia, Thailand, Ecuador and Brazil. He looks forward to helping others achieve their solo travel dreams.

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helping others achieve their solo travel dreams. Author and entrepreneur, Michael decided to help and and inspire people who want to travel abroad. You can find more on his blog : <http://traverserlafrentiere.com>