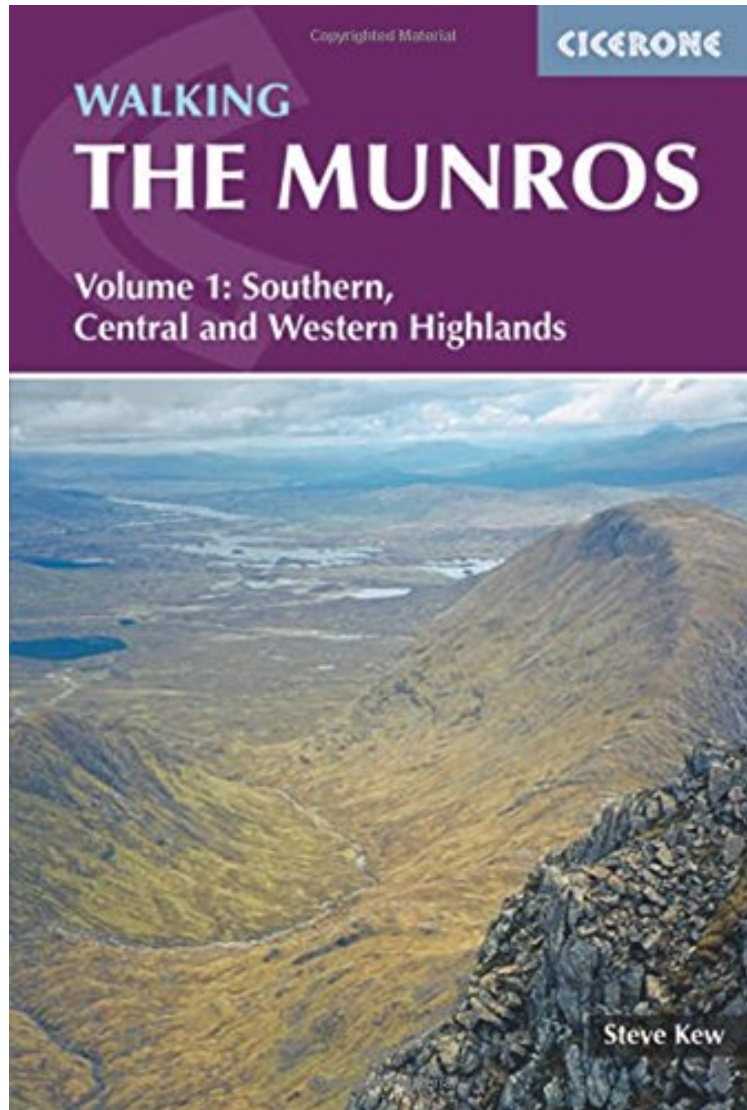


[E-BOOK] Walking the Munros Volume 1: Southern, Central and Western Highlands

Walking the Munros Volume 1: Southern, Central and Western Highlands

Steve Kew

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Steve Kew : Walking the Munros Volume 1: Southern, Central and Western Highlands before purchasing it in order to gauge whether or not it would be worth my time, and all praised Walking the Munros Volume 1: Southern, Central and Western Highlands:

0 of 0 people found the following review helpful. Excellent guide to climbing the northern Munros. By Hexadoog Excellent guide to climbing the northern Munros. Wish we had more time to tackle them but enjoyed

exploring the routes up these magnificent hills. The 5 Sisters of Kintail were especially interesting!

This guidebook presents 69 challenging and inspiring routes to climb 139 Munro mountains, including Scotland's highest peak, Ben Nevis. Part of a two-part set, this first volume covers the southern, central and western Highlands (south of the Great Glen), taking in stunning areas such as Glen Coe, Glen Shee, Lochaber and Mull. Covering popular and lesser-known routes, it is ideal both for Munro-baggers and those who simply love great mountain walking, and is a convenient size for slipping in a rucksack. The half-day and full-day walks and scrambles range from 7km to 48km (with the option to reduce walking distance on some of the longer routes by cycling the approach). Detailed route description and 1:100,000 mapping is accompanied by information on difficulty, mapping, parking, access and nearby accommodation. The guide also includes handy lists of Munros, by height and alphabetically - perfect for peak-baggers - as well as useful details on Gaelic names. Including the iconic Ben Nevis, Buachaille Etive Mòr and Aonach Eagach ridge as well as the Mamores, Grey Corries and Arrochar Alps, *Walking the Munros volume 1* is an ideal companion to conquering the Munros and discovering the magnificent mountain landscapes of the southern Highlands. Volume 2 details the other 143 Munros, covering the northern Highlands, Cairngorms and Isle of Skye.

About the Author Steve Kew is a freelance journalist and keen mountaineer. He started climbing in 1970, and since then has walked and climbed extensively in the Himalayas, Alps and the mountain ranges of Britain. He currently lives in southwest Scotland, and is an active member of the Galloway Mountain Rescue Team and the Mountain Rescue Committee. His previous writing includes three books, many articles for newspapers and magazines, and radio drama for the BBC.