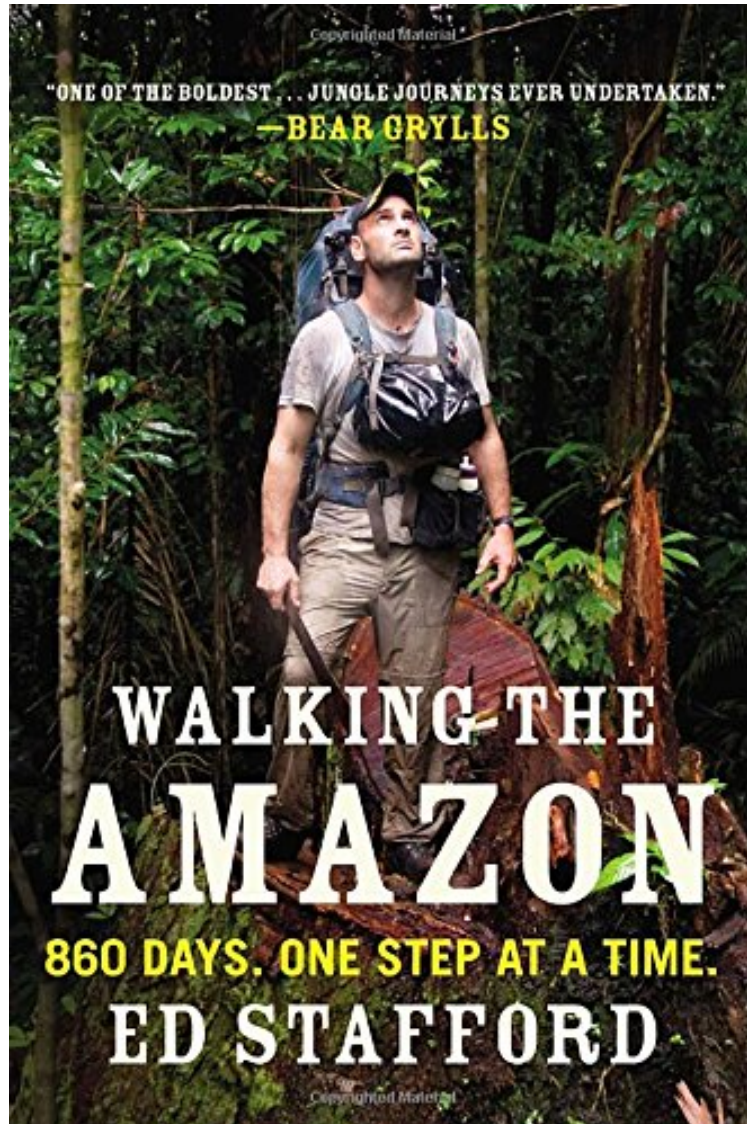


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## Walking the Amazon: 860 Days. One Step at a Time.

*Ed Stafford*

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#290235 in Books Ed Stafford 2012-08-28 2012-08-28 Original language: English PDF # 1 8.00 x .70 x 5.271, .57 #File Name: 0452298261320 pages Walking the 860 Days One Step at a Time | File size: 44.Mb

**Ed Stafford : Walking the Amazon: 860 Days. One Step at a Time.** before purchasing it in order to gage whether or not it would be worth my time, and all praised Walking the Amazon: 860 Days. One Step at a Time.:

1 of 1 people found the following review helpful. Hat's off to Ed Stafford on this well-written narrative documenting his epic journey By KingEd Stafford's epic expedition from the source of the to the mouth of the Atlantic ocean is absolutely astonishing in concept alone. His account in "Walking the " digs into the deeper experience of struggling through swamps of bramble and quagmire, the difficulties of managing the expedition, and the struggle to manage himself mentally and emotionally through the self-imposed ordeal. This walk is not a stroll, so if you're interested in

flora and fauna you won't find it here. What you will find is a man struggling through the thickest bramble, swamps, mud, and with his own self as he accomplishes something which had never been done before. Hostile and fearful natives, bizarre beliefs about "white men", and bureaucracy all add to the complexity of this mission. 1 of 1 people found the following review helpful. From source to sea, one man's tale! By Eric I remember browsing about Ed Stafford's journey briefly and decided that I had to know more about the journey that took him from the source of the all the way to the sea. Stafford's detailed analysis of what it was like to be the first known human in history to walk the entire length of the is one tale that will leave you feeling like you stepped into the jungle with Stafford himself. Each chapter flows really well into the next. Battling both mental and physical obstacles on this expedition, from feelings of loneliness, mosquitoes, pit vipers, and feelings of doubt, there are also moments of joy, camaraderie, and gratefulness. Stafford manages to conquer each obstacle in his own unique way, all the while setting out to do what no one had done before. With every thorny bramble and river crossing, this heroic Englishman is proof that, with determination and preservation, we are capable of great things! This was one of the best books I have ever read. I have gained another great role model in Stafford. For the "armchair explorers", the truly adventurous or those wishing they can leave their rat race existence behind for a while, this book is one that should be on every literacy list! Upon every completed chapter, I would brag to friends about Stafford's escapades as if I had done exactly what he did! Now you know that is a great read! 3 of 3 people found the following review helpful. I felt like he was pissing and moaning about his emotional / ...By Customer A little drab in the middle, I felt like he was pissing and moaning about his emotional / mental state more than even describing why/what he went through physically to be exhausted along with his travel mates, what he saw including wildlife, etc. Although he does express the mind-numbingness of the expedition. Overall it was a good book, and a truly amazing accomplishment!

From the star of Discovery Channel's *Naked and Marooned* comes a riveting, adventurous account of one man's history-making journey along the entire length of the Amazon and through the most bio-diverse habitat on Earth. Fans of *Turn Right at Machu Picchu* and readers of Jon Krakauer and Bill Bryson will revel in Ed Stafford's extraordinary prose and lush descriptions. In April 2008, Ed Stafford set off to become the first man ever to walk the entire length of the Amazon. He started on the Pacific coast of Peru, crossed the Andes Mountain range to find the official source of the river. His journey led on through parts of Colombia and right across Brazil; all while outwitting dangerous animals, machete-wielding indigenous people as well as negotiating injuries, weather and his own fears and doubts. Yet, Stafford was undeterred. On his grueling 860-day, 4,000-plus mile journey, Stafford witnessed the devastation of deforestation firsthand, the pressure on tribes due to loss of habitats as well as nature in its true raw form. Jaw-dropping from start to finish, *Walking the Amazon* is the unforgettable and gripping story of an unprecedented adventure. *Walking the Amazon* is also available as a Spanish edition entitled *Caminado El Amazonas*.

"One of the boldest modern-day adventures ever taken." Bear Grylls, host of Discovery Channel's *Man Vs. Wild* [*Walking the Amazon*] stands elbow-to-elbow with adventure classics from Thesiger to Krakauer. Mark Adams, author of *Turn Right at Machu Picchu* "All generations need heroes; it's lovely to have a real one for a change." *The Times* (London) "Totally, completely and utterly mad." Michael Palin, author and actor "Vicariously joining this 860-day trek through extremely inhospitable terrain made all the more challenging by hostile tribes, lethal animals, food scarcities, and extreme weather has made for an exhilarating adventure." *National Geographic* About the Author Ed Stafford is the current European Adventurer of the Year; he was also finalist for the National Geographic Adventurer of the Year in 2010, and he is a Guinness World Record holder for his feat (feet?!). Ed started running worldwide expeditions after retiring from the British army as a captain in 2002. When not leading trips, he worked alongside the United Nations in Afghanistan assisting with the running of their first-ever presidential elections. Prior to this journey, Ed was in production with the BBC on its conversation series *Lost Land of the Jaguar*. In August 2010, he became the first man to walk the length of the River, accompanied by forestry worker Gadiel Cho Sanchez Rivera, for all but four months of the twenty-eight-month journey. Ed is planning future projects and he travels the world speaking about his adventures. To follow Ed, visit his website: [edstafford.org](http://edstafford.org).