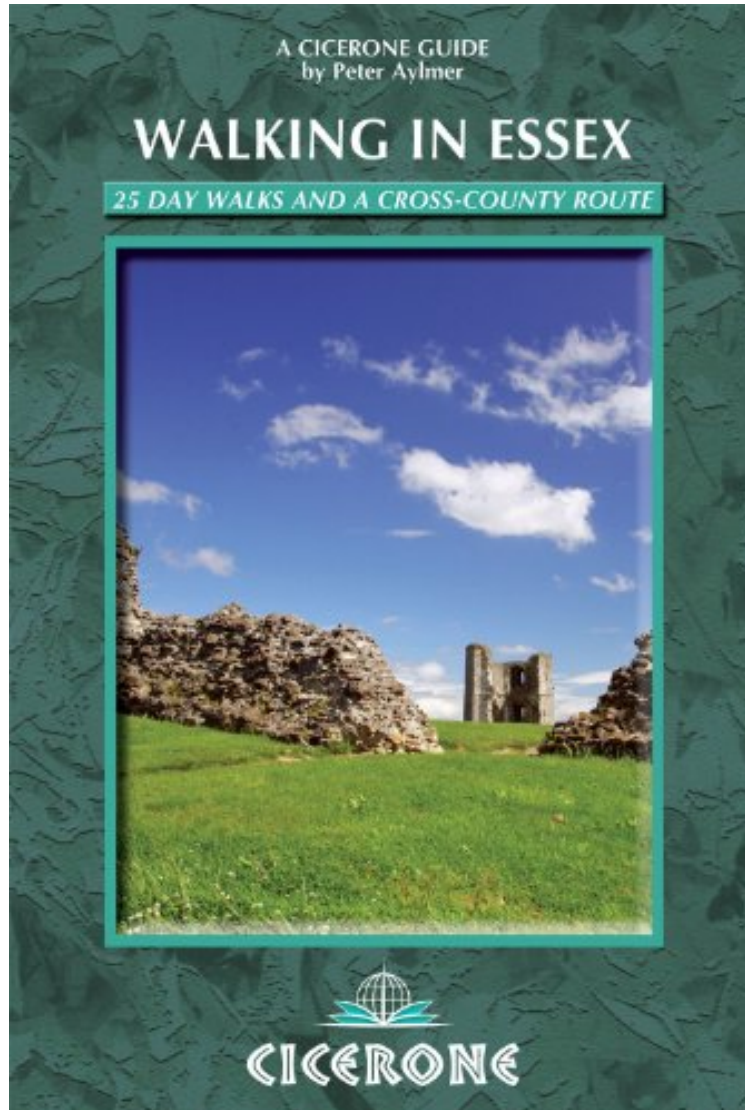


(Get free) Walking in Essex (Cicerone Walking Guides)

Walking in Essex (Cicerone Walking Guides)

Peter Aylmer

*ebooks / Download PDF / *ePub / DOC / audiobook*



[Download](#)

[Read Online](#)

#3229454 in eBooks 2014-01-20 2014-01-20 File Name: B00HZAM2WM | File size: 31.Mb

Peter Aylmer : Walking in Essex (Cicerone Walking Guides) before purchasing it in order to gage whether or not it would be worth my time, and all praised Walking in Essex (Cicerone Walking Guides):

This guidebook describes 25 coastal and inland day walks covering the whole of the historic country of Essex, stretching from the Lea Valley in the west and the Thames in the south over to the North Sea and up to the River Stour in the north. Also included is a description of the Essex Way which crosses the county in 11 stages from Manor Park, on the fringes of London, to the port of Harwich - a distance of 96 miles. The walks are suitable for all abilities - any

ascents being mostly short and rarely steep - and there are shorter alternatives for many of the longer routes. Each walk is described step-by-step, illustrated with OS map extracts and packed with historical, and geological information about the landscape the route passes through.

About the Author Native east Londoner Peter Aylmer discovered walking as a pastime as a young man. Since then he has climbed many hills and walked many long-distance paths all over Britain, but he still relishes the surprise on people's faces when he tells them some of his favourite walking is within his home county of Essex.