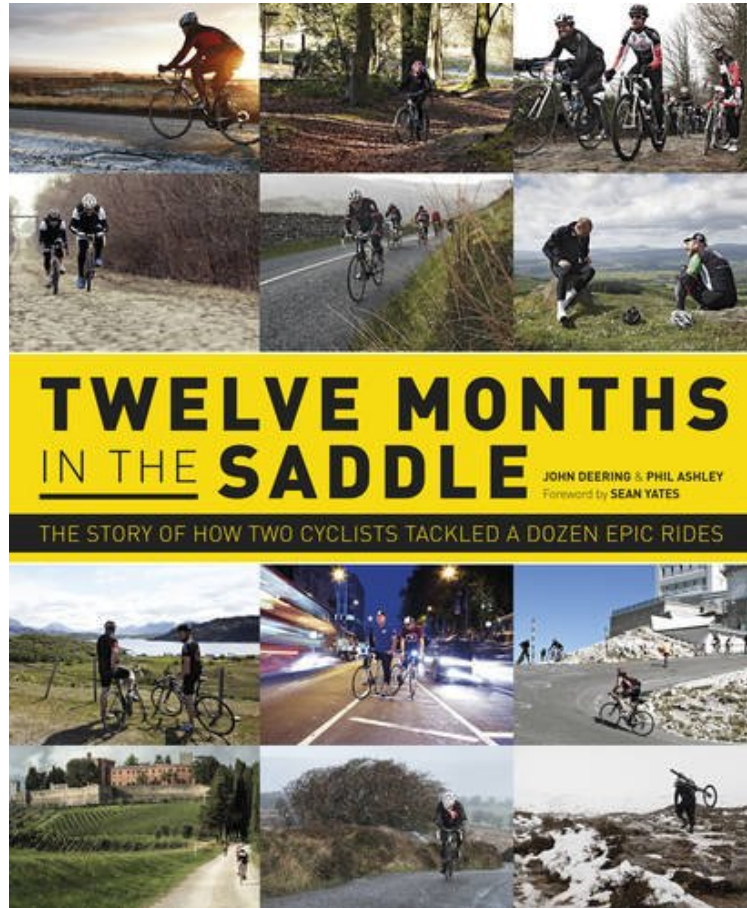


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# Twelve Months in the Saddle: The Story of How Two Cyclists Tackled a Dozen Epic Rides

John Deering, Phil Ashley

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**John Deering, Phil Ashley : Twelve Months in the Saddle: The Story of How Two Cyclists Tackled a Dozen Epic Rides** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Twelve Months in the Saddle: The Story of How Two Cyclists Tackled a Dozen Epic Rides:

0 of 0 people found the following review helpful. Easy reading, nice photography and good humour By SLR Easy reading, nice photography and good humour. A good 'everyman' story with some inspiration for getting out and riding somewhere a bit different/more challenging.

Cycling's inexorable rise in popularity continued 2014 when more than three million people lined the streets to watch the Tour de France enjoy three stages in Yorkshire and from Cambridge to London. Sir Bradley Wiggins and Chris Froome became in 2012 and 2013, respectively, the first two British riders to win the Tour, this following the incredible success of Team GB's riders in London 2012 Olympic Games, catapulting Sir Chris Hoy, Wiggins and

several track stars into the limelight. In grand tours, Team Sky dominate the scene - and a million mamils (middle aged men in lycra) can be seen on the country lanes of Britain and Europe every Sunday morning. This book is unashamedly written with love for the mamil. The mamil dreams of the romance of the great pro races such as Paris-Roubaix plus weekends away in Italy and up Mont Ventoux in France, not to mention the home-grown routes in Wales and Scotland. He wants to walk back into work on Monday morning, cycling shoes click-clacking across the floor and announce with a flourish: "This time yesterday morning, I was half-way up Alpe d'Huez." Taking in 12 cycling challenges, one a month for a year, across Britain and northern and southern Europe, this beautiful book chronicles the experiences of two mamils and looks at what it takes to tackle some of the most iconic events in cycling. With breathtaking photography and lively text that conveys exactly how it feels to be by turns frozen, baked, lost, exhausted but utterly exhilarated and inspired this is a book that will resonate with any aspiring road rat.

"A gorgeous coffee table book, Twelve Months in the Saddle will leave you drooling." - Glasgow Herald  
About the Author: John Deering is a cycling writer. He has written for ProCycling and Ride magazines and has contributed regularly to Eurosport's cycling coverage. As the former press officer of the Linda McCartney Pro Cycling Team, he wrote *Team on the Run* (Mainstream 2003), an insider's account of the team's rise and demise. Phil Ashley is a successful commercial photographer and avid cyclist. His passion is travel photography.