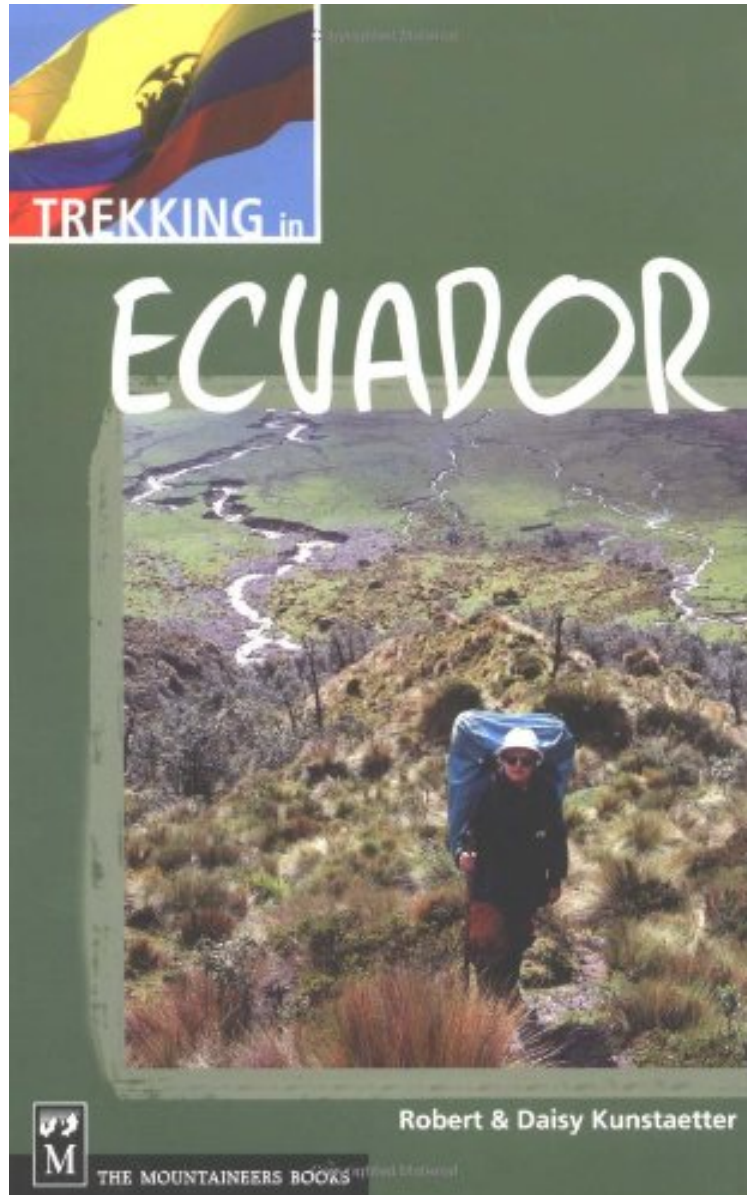


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Trekking in Ecuador

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Daisy Kunstaetter, Robert Kunstaetter : Trekking in Ecuador before purchasing it in order to gauge whether or not it would be worth my time, and all praised Trekking in Ecuador:

1 of 1 people found the following review helpful. Very disappointing! By Lesley Hill We were very disappointed with this book. The trail descriptions were not detailed enough and the maps not clear enough to use it. We actually left it at

home and found the information when we got to Ecuador! Unfortunately, I cannot say that I recommend this book at all. 1 of 1 people found the following review helpful. Great book but....By james keskimaki It is a great book but alot of the hikes are hard to get to and really difficult. Some actually said you needed a machete!!! So a great book if you are comfortable with your spanish and route finding, but not so great if you are just looking for some good days or easier backpacking trips

10 of 10 people found the following review helpful. Authors' Review By Robert and Daisy Kunstaetter Trekking is our passion. Between 2000 and 2002 we explored 30 new trekking routes to write "Trekking in Ecuador", the most up-to-date hiking guide for this country. It remains an unforgettable experience and taught us that, however well we might know Ecuador, there would always be more to discover here. We are graduates of the National Outdoor Leadership School (NOLS), in Wyoming, USA. We live in Ecuador and know the country intimately, its places, people, strengths and weaknesses. In addition to our personal knowledge, we have developed an extensive network of contacts throughout Ecuador and its travel community. We can therefore constantly keep our fingers on the pulse of local developments. "Trekking in Ecuador" is regularly updated on-line. Ecuador's special appeal to trekkers, day-trippers, and nature lovers can be summed up in one word: accessibility. The country's unique combination of small size, exceptional geographic and biological diversity, and good transportation infrastructure places an outstanding variety of splendid natural experiences within easy reach of the adventurous visitor. Ecuador boasts more than forty-five protected natural areas, including national parks and private reserves, almost all of which offer trekking and day-hiking possibilities. Many longer treks span several natural regions, from the highlands down toward the jungle or coastal plain. Ecuador receives many visitors (approximately 500,000 a year), but as yet relatively few people come specifically to trek. Unlike well-known trekking venues such as Nepal, the Inca Trail to Machu Picchu in Peru, and Chile's Torres del Paine National Park, trails in Ecuador are never crowded and offer virtually unlimited scope for exploration. Trekking in Ecuador is easily combined with a visit to the country's more traditional destinations: the Galpagos Islands, colorful indigenous markets, jungle lodges or Pacific coast beaches.

* Ecuador is one of the leading Latin American destinations* Details 30 amazing trekking adventures for all levels of hikers* Includes the history of Ecuador, its people, geography, where to stay and more Ecuador, appropriately named, literally means equator, the invisible line that divides the Earth horizontally in two hemispheres (North and South). As one of South America's smallest countries, what it may lack in size, it makes up for with an incredible variety of trekking destinations (and other outdoor activities such as climbing and paddling), birds and wildlife. Trekking in Ecuador contains thirty trekking destinations from the coastal plains to the central highlands and eastern jungle offer something for everyone. For more information about the authors, visit their web site at www.trekkinginecuador.com.

From the Author Trekking is our passion. Between 2000 and 2002 we explored 30 new trekking routes to write "Trekking in Ecuador", the most up-to-date hiking guide for this country. It remains an unforgettable experience and taught us that, however well we might know Ecuador, there would always be more to discover here. We are graduates of the National Outdoor Leadership School (NOLS), in Wyoming, USA. We live in Ecuador and know the country intimately, its places, people, strengths and weaknesses. In addition to our personal knowledge, we have developed an extensive network of contacts throughout Ecuador and its travel community. We can therefore constantly keep our fingers on the pulse of local developments and regularly update "Trekking in Ecuador" on-line.

From the Inside Flap "Robert and Daisy Kunstaetter have helped countless travellers realize ambitions of going beyond the beaten track. They give the trekker the confidence to be completely self-sufficient if he or she so desires - or to choose a group led by experienced guides... In other words, this book is blunder-proof." - Ben Box, editor, the "South American Handbook" "Trekking in Ecuador" is well-researched. ...it really made me want to break in a new pair of hiking boots and get back out on the wonderful trails of Ecuador." - Jean Brown, partner, Safari Tours, and founding member, South American Explorers Club, Quito, Ecuador "...I am indebted to the best expedition planners in Ecuador, Robert and Daisy Kunstaetter..." - Mark Honigsbaum, journalist and author of "The Fever Trail"