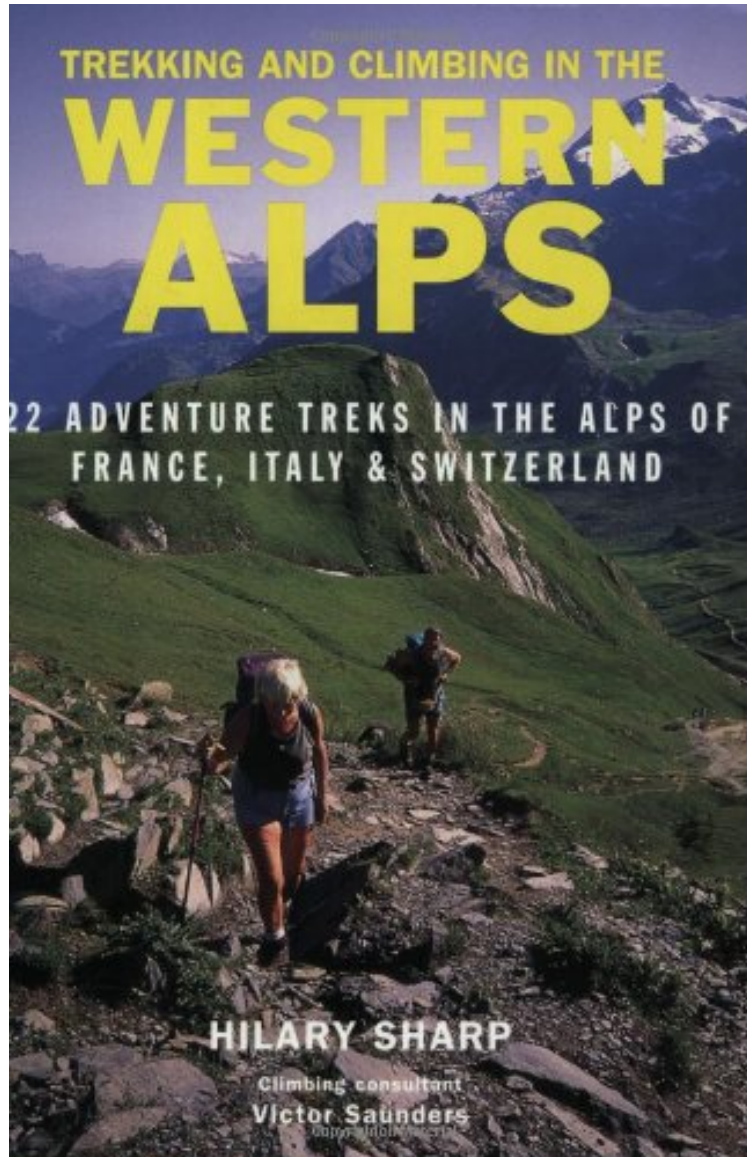


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## Trekking and Climbing in the Alps (Trekking Climbing)

*Hilary Sharp*

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**Hilary Sharp : Trekking and Climbing in the Alps (Trekking Climbing)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Trekking and Climbing in the Alps (Trekking Climbing):

20 of 20 people found the following review helpful. A Stimulating and Practical Guide BookBy John MorrisI have perused many guide books on the Alps, but this is the best one for planning a trip. Why? 1.Instead of unintelligible maps and chunks of incomprehensible prose, this guide has clear maps and concise descriptions (plus good pictures) that help you decide which trip is right for you. 2.The author includes a great range of hikes, from day trips to 2-3 days

to longer treks. Also summit climbing routes on mountains from easy to moderate difficulty, plus snowshoe hikes for winter. 3. Unlike guide books that are only about getting from point A to B, this one has a lot of really interesting information about the history, flowers, wildlife, architecture, and culture of the alps. It's a complete package for planning a great trip. 8 of 8 people found the following review helpful. very useful guidebook By A Customernice price for a book detailing 22 different Alpine treks. Ms. Sharp includes practical "how to" information on each trek, as well as essentials on technical peaks that are accessible along the way. Her knowledge and love of the Alps is obvious from the text, and the photos are a real motivator to get over to Europe and do them all. Printed on high quality paper, this is a useful take-along resource for anyone who wants to include some adventure in a visit to Europe. Highly recommended. 8 of 8 people found the following review helpful. Trekking and Climbing in the Western Alps By C.G. Robertson An excellent book that will appeal equally to walkers and climbers. The selection is wide and varied and the format is easy to follow. A detailed and thorough first hand knowledge is much in evidence and the writer does a great job in promoting The Alps. One suspects that there will be more books to follow from this author. I am planning to do the Chamonix--Zermatt trek this summer and Hilary's description makes it all the more enticing. I can't wait to get there!!

Covering 22 treks, ten climbing peaks and 8 snow-shoe walks, this guide is a tool for both the experienced climber and the first-time trekker visiting "Europe's playground". Region by region, the book offers clear, authoritative descriptions of treks - some classics, some the author's personal favourites - and of aspirational climbing peaks and snow walks. The guide also contains practical information on travel, techniques and equipment to help visitors have as safe and healthy a tour as possible. Cartography and strip maps pinpoint every route and give a reliable idea of distance and timings.

About the Author Hilary Sharp has been leading treks in the Alps for many years from her base in Vallorcine, France. Victor Saunders is an internationally known alpine guide and former winner of the Boardman-Tasker prize. He lives in Chamonix, France.