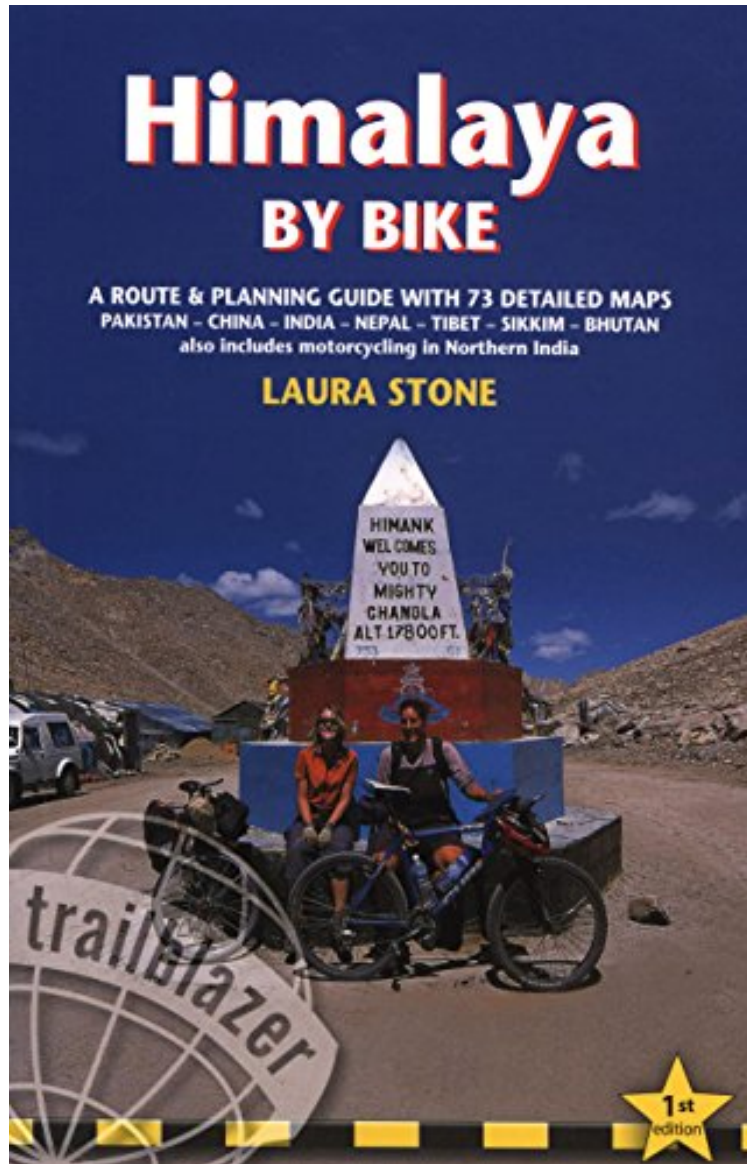


[Download] Himalaya by Bike: A Route And Planning Guide For Cyclists And Motor Cyclists

# Himalaya by Bike: A Route And Planning Guide For Cyclists And Motor Cyclists

Laura Stone

ePub | \*DOC | audiobook | ebooks | Download PDF



DOWNLOAD



+

READ ONLINE

#2261207 in Books Trailblazer Publications 2008-11-05 Original language: English PDF # 1 8.25 x 5.25 x 1.001, 1.25 #File Name: 1905864043336 pages | File size: 37.Mb

**Laura Stone : Himalaya by Bike: A Route And Planning Guide For Cyclists And Motor Cyclists** before purchasing it in order to gage whether or not it would be worth my time, and all praised Himalaya by Bike: A Route And Planning Guide For Cyclists And Motor Cyclists:

0 of 0 people found the following review helpful. Five StarsBy Zoltan H.Fantastic book1 of 1 people found the following review helpful. Too goodBy PhantomA super book. Being an Indian I can vouch that the info is accurate and also of great use to non bikers. Lucid and practical. Read it for enjoyment even if you are a couch potato.7 of 7 people found the following review helpful. Inspiring resource for the other kind of mountain bikingBy C. ScottI've used this book twice now: down the KKH from Kashgar diverting to Chitral, and in 2009 from Leh via Spiti to Shimla. Sure, hardcore tourers like Werner below may be unsatisfied with mainstream routes, but original titles like this can enable a beginner like me (with no interest in domestic or European cycle touring) to try something they'd not think possible.I'd wanted to visit the Karakoram and Ladakh for years; HbB offered an easy way of doing it, detailing the practicalities of riding across the motorable roads of High Asia in one convenient package: the why, how, where and when. And incredibly (as we observed again and again), it was just about all researched by the indefatigable Laura who thinks nothing of scooting 600 metres up a side valley to check out a nice village after diligently recording details and impressions over hundreds of kilometres. Furthermore, unlike regular formulaic guidebooks, she's given the space to express herself with an enthusiastic and chatty style, fills out the route descriptions with interesting anecdotes and has a lyrical way of describing her surroundings.The hotel and resto details have inevitably got dated in places; on both trips we carried a newer, stripped-down LP or Rough Guide. But HbB fills out the crucial details for the places in between which don't change much and can be useful for other independent travellers, notably the Bulleteers who commonly visit Ladakh and HP (a subject which is outlined in an appendix).If I have one reservation, it might be that she makes some long climbs sound a bit easy - in India I had to finish the very highest passes in a lorry, or we jeeped long rough sections to save time as it was late and snow was already falling. I also found some of the incremental distances on switchback stages (such as Tanglang La northside) seemed up to 20% short, possibly due to a memory-saving setting on the GPS tracklog odometre (a mistake I've made myself doing similar stuff). The roadside mileposts seemed pretty accurate. The maps are great but where present, would be even better if they fully depicted additional road details leading off the main route to both the suggested diversions mentioned in the text as well as unlogged but rideable excursions of which there seem to be plenty on the KKH and in Ladakh/Spiti. And although the gradient profiles are a vital feature in a cycling guide like this, it sure would be nice to have an impression of the surrounding relief featured on the maps too.Marrying the idea of independent cycling touring with the world's highest roads may sound like nuts to all but a committed hardcore, but I suggest that if you accept you can't ride every mile in the Himalaya due to intestinal dysfunction, lack of air or just plain laziness, lifts are always at hand on these routes making the whole idea less daunting for recreational cyclists like me, but also among the most satisfying and inexpensive ways of exploring this amazing region at your own pace.

This is an inspirational and practical guide for the adventurous traveller who wants to take two wheels to the ultimate touring destination the Himalaya. Cyclists and motorcyclists are just discovering the enormous potential of this mountainous region in Asia, from desert to snowline over tarmac or dirt-road, whether for a three-week holiday or a six month epic ride. Kilometre by kilometre guides detail the highest roads in the world, such as the Friendship Highway between Tibet and Nepal, Manali to Leh in India and the Karakoram Highway between Pakistan and China. Hand-drawn maps mark up fuel, food and water en route and city guides will find you a bed and bite to eat whether you're in Lhasa, Kathmandu, Srinagar or Kasghar. Author Laura Stone has spent three years researching the Himalaya on a bike; this new guide is guaranteed to illuminate, entertain and above all, inspire. Covers the mountainous regions of Pakistan, China, Tibet, India, Nepal, Sikkim and Bhutan Route options - levels of difficulty - road conditions - sample itineraries for 3 weeks / 6 weeks / 2 months / 3 months / 6 months Pre-trip planning when to go - choice of bicycle / motorcycle kit clothing maps health and safety visas cultural information Route guides practical information including mechanics and bike shops, how and where to buy or hire a bike in Asia Over 80 original GPS route maps and elevation profiles

Truly impressive, Cycling Active. Indispensable, London Cyclist Magazine. Rammed full of in-depth information, Adventure Travel. Inspirational guide, Cycle Magazine.About the AuthorLaura Stone graduated from Cambridge University with a Classics degree. An intrepid cyclist, for most of the research across the Himalayan countries in this book she cycled solo.