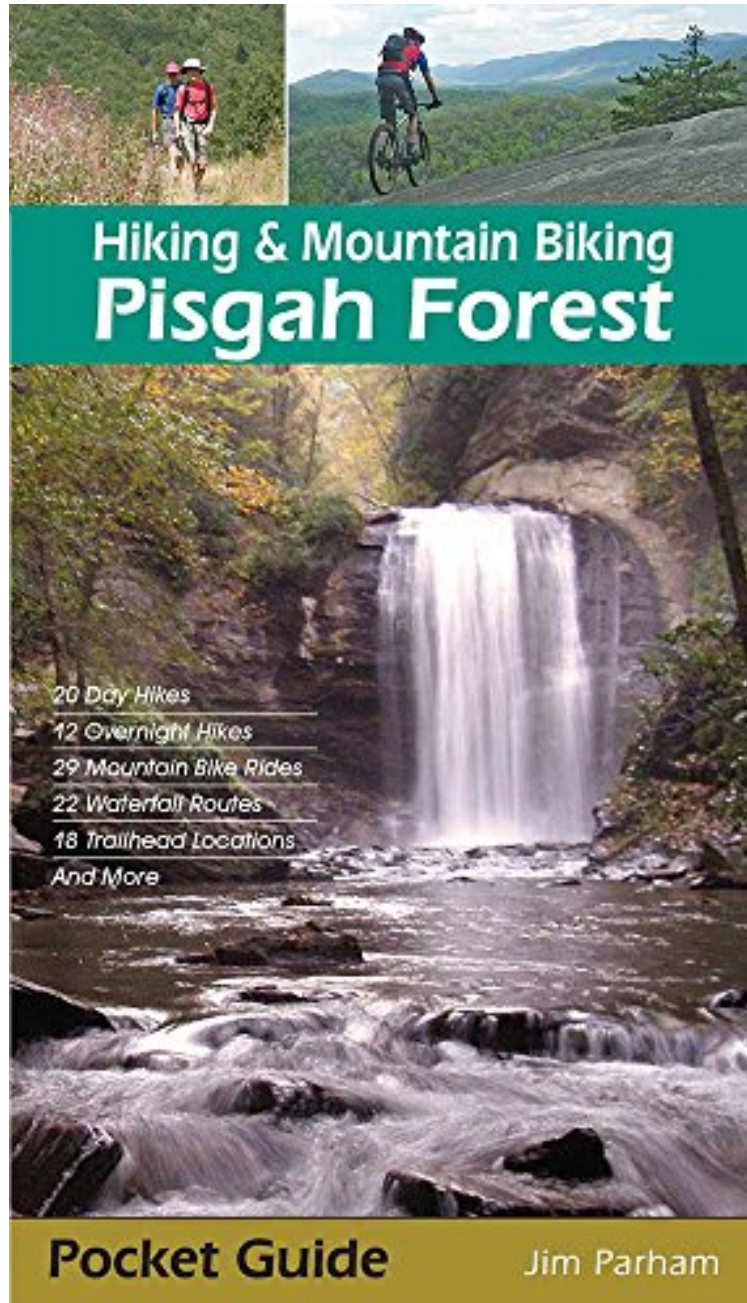


# Hiking Mountain Biking Pisgah Forest

*Jim Parham*

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**Jim Parham : Hiking Mountain Biking Pisgah Forest** before purchasing it in order to gage whether or not it would

be worth my time, and all praised Hiking Mountain Biking Pisgah Forest:

The Pisgah District of Pisgah National Forest is one of the oldest recreation destinations in the Southeast. Since its establishment in 1916 it has been a magnet for outdoor adventurers. Begun with a gift of land from the Vanderbilts, it is home to many famous natural and historic landmarks, including Devils Courthouse, Looking Glass Rock, Graveyard Fields, Art Loeb Trail, Cove Creek Falls, The Pink Beds, and Bent Creek. Whether you plan to be hiking, mountain biking, trail running or backpacking, this concise and compact guide includes the trail details you need to enjoy the best of Pisgah with maps, complete hiking and biking information, driving directions to the trailheads, and more.