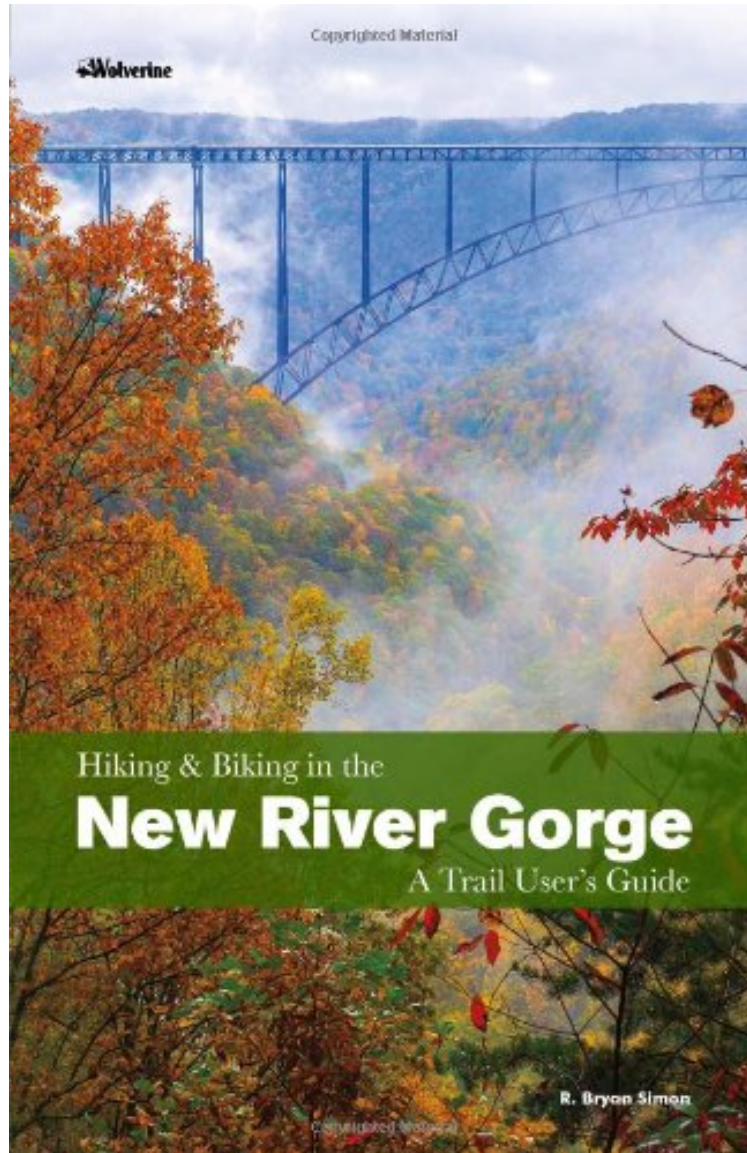


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Hiking and Biking in the New River Gorge, a Trail User's Guide

R. Bryan Simon

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R. Bryan Simon : Hiking and Biking in the New River Gorge, a Trail User's Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised Hiking and Biking in the New River Gorge, a Trail User's Guide:

2 of 2 people found the following review helpful. fantastic hiking guide!!!By MRQUINTi bought this book to trying to find a comprehensive guide to the new river gorge hiking trails and was blown away. the book is very well organized and extremely detailed but easy enough for a beginner to grasp. i chose the bridge trail as my first hike and the book laid out the whole hike elevations, what to expect on the trail, multiple access routes to the trail head, and all

twists and turns of the trail (and i didn't get lost!!!), even described combinations with other trails to extend my hike!!! the book not only is a trail guide but gives insight into some restaurants in the gorge area, mountain biking action, history of the gorge and surrounding area, even details about bird watching and planning your gorge adventure. i could go on and on about the great pictures and fantastic topo mapsthis book is a must have for anyone hiking the new river gorge expert or beginner.1 of 1 people found the following review helpful. One of the best and most descriptive hiking guides I have used.By Denise McCroskeyThis guide covers all of the trails in the New River Gorge and the surrounding state parks and is a great resource for anyone visiting the area. The color photos are great and each trail includes detailed descriptions of the trails, how to find them, interesting historical facts, and points of interest. The appendices are great too as they list all the things to do in and around the area (restaurants, adventure companies, and lodging) making it great even if you only hike only a few of the trails. This guide has 119 trails with symbols that help you pick one that suits your interests (and ability!) Highly recommend -- great book to use with kids too.0 of 0 people found the following review helpful. Best for New River TrailsBy Elliott HamiltonJust got back from Fayetteville WV and this guide book was critical to finding the best trails. Nice descriptions and maps for each trail.

West Virginia: The New River Gorge National River and surrounding state parks encompass more than 80,000 acres of beautiful Appalachian forest and river habitat. This area is an outdoor lover's paradise, with a plethora of adventure sports and opportunities to keep a person busy for a lifetime. Unfortunately, we can't play in the hills all the time -- family, friends, and work are also essential components of life! So, with the idea of our limited free time, the purpose of this guide is to introduce you to this wonderful area, inform you about the wide range of opportunities, and get you on the trails as quickly as possible. The text, photos, maps, and elevation charts will keep you on track and help you experience the hidden wonders available along each of the 114 trails.Check out:

wolverinepublishing.com/samples/21_Camp_Creek.pdf for a free bonus chapter featuring Camp Creek State Forest and Park. See for yourself the type of detailed descriptions and information for each of the 114 trails within the guide!The New River Gorge, West Virginia, offers a wonderful combination of natural beauty, areas of historical and cultural significance, and a healthy dose of adventure sports. Few places in the United States offer such a mix. Be it the simple pleasure of a light breeze rustling the vivid red, brown, and orange leaves in autumn or a swift descent along a switchback by mountain bike, moments spent here are special. Enjoy!

"It's author Bryan Simon covers them well: the guidebook's variety and detail are impressive, setting itself up to serve a wide range of New River Gorge trail users -- from the hardcore hikers and bikers to the amblers...Take note, cyclists: a whole section of the guide is devoted to mountain biking." -- New River Gorge Adventure Guide"A new guide book of trails in the region offers a level of detail never before seen, promising to help residents and visitors take full advantage of what the region's parks have to offer."Hiking and Biking in the New River Gorge: A Trail User's Guide" is sure to become a mainstay on many a hiker's bookshelf...Guide users will find information on local lodging, unique dining options, adventure activities; outfitters, website and Facebook addresses, significant points of interest, and additional resource literature." -- The Register-HeraldSimon's guidebook focuses on Fayetteville as the adventure hub, but provides detailed and accurate information for hikers, climbers, runners, and bikers throughout the New River Gorge area. He delivers trail descriptions; cultural highlights; and of course maps, GPS coordinates, elevations, and lengths for the National Park Service trails; as well as the trails of the local state parks. -- Fayette TribuneAbout the AuthorR. Bryan Simon, a native of West Virginia, is a graduate of the United States Military Academy at West Point, a former U.S. Army infantry officer, and a graduate of the US Army Ranger School. After an injury in 2003, he left the military to pursue other goals.Bryan is a partner in the firm Vertical Medicine Resources (vertical-medicine.com) and serves on the board of directors for the nonprofit Appalachian Mountain Rescue Team; he writes on a variety of subjects related to wilderness and climbing medicine and adventure sports. Bryan met his wife, Deb, on Mount Kilimanjaro in Tanzania in 2001, and since that time they have climbed and trekked together around the world. When not on the road, trail, or rock, Bryan can be found at his home in the New River Gorge, WV.