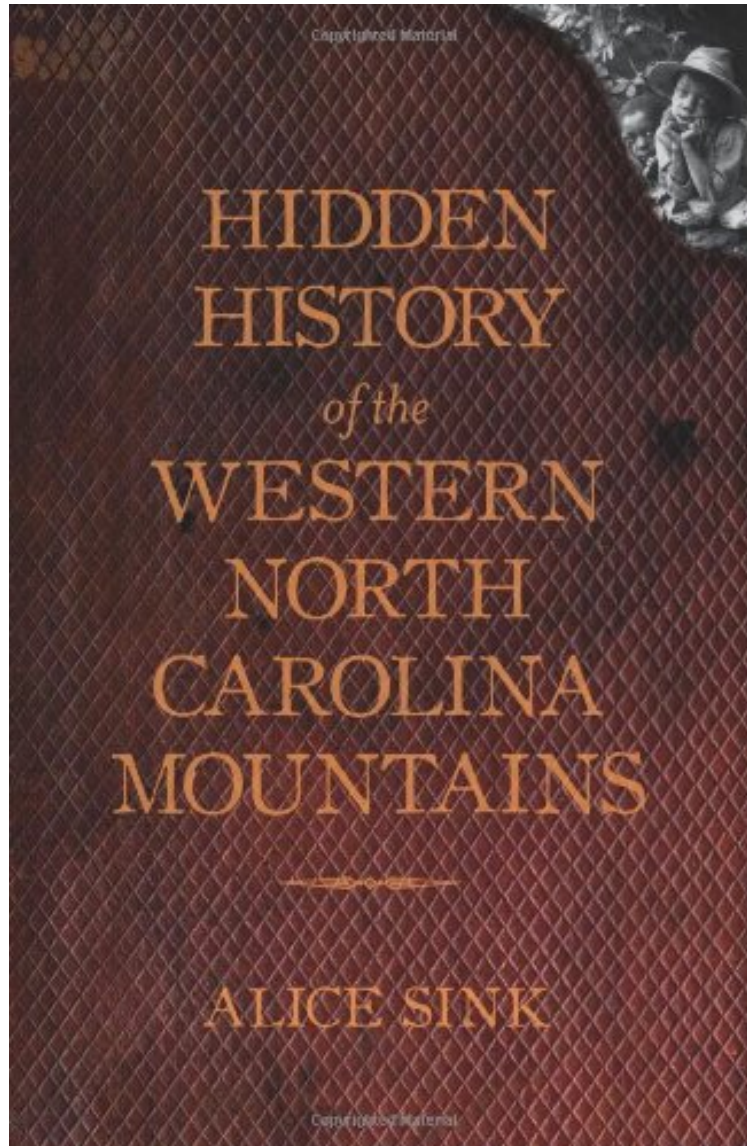


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Hidden History of the Western North Carolina Mountains

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Buried deep within the hills and hollers of North Carolina's majestic Appalachian Mountains are stories, traditions and a proud cultural heritage unlike any other. *Hidden History of the Western North Carolina Mountains* reveals the people, customs and folklore of the region, exploring bygone traditions, fascinating real-life characters and tales so tall they rival the peaks that shape the landscape. What was life like for workers in the gristmills? Was Abraham Lincoln actually born in Bostic in Rutherford County? Who was Amos Owens, and why was he known as the "Cherry Bounce King"? Journey through the mountains with North Carolinian Alice Sink as she investigates these and other questions, unveiling the history of life in western North Carolina that traditional accounts have overlooked.

About the AuthorAlice E. Sink is the published author of books and numerous short stories, articles and essays in anthologies and in trade and literary magazines. She earned her MFA in creative writing from the University of North Carolina, Greensboro. For thirty years, she taught writing courses at High Point University in High Point, North Carolina, where she received the Meredith Clark Slane Distinguished Teaching/Service Award in 2002. The North Carolina Arts Council and the partnering arts councils of the Central Piedmont Regional Artists Hub Program awarded Sink a 2007 grant to promote her writing.