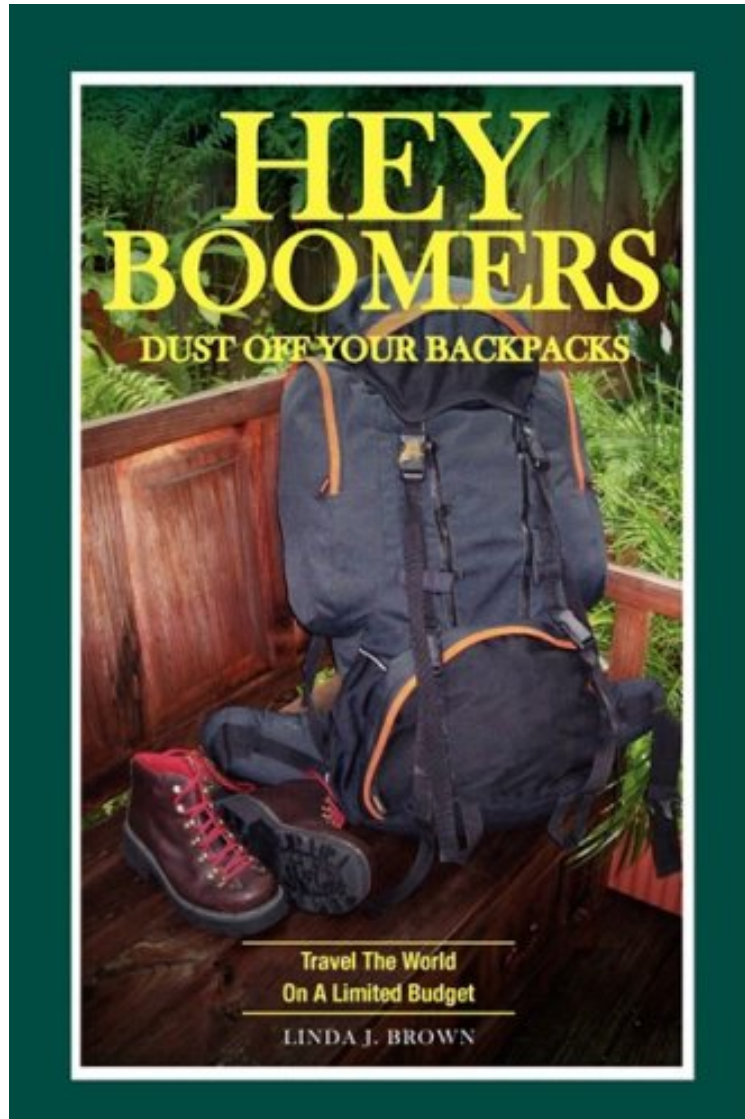


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Hey Boomers, Dust Off Your Backpacks

Linda J. Brown

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Linda J. Brown : Hey Boomers, Dust Off Your Backpacks before purchasing it in order to gage whether or not it would be worth my time, and all praised Hey Boomers, Dust Off Your Backpacks:

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mother-in-law (who's about to turn 70), but started glancing through it myself before sending it off. Before I knew it, I had finished the book and felt like I had travelled the world in a few days. It's not written like a travel book; rather, it's an eyes-wide-open, funny, first-person account of one senior citizen's ramble through the world. It's very readable and honest. I just love the idea of this intrepid grandmother waking up on a crowded overnight bus in India to find an elephant's face staring at her through the window, blithely accepting rides from probable bandits in Northern Albania and sharing dinner and conversations (having no common language!) with locals all over the world. It's an amazing way to spend your retirement (financed by a social security!), because, as the author says: life is about pushing the boundaries, no matter what age. Although this book is targeted to baby boomers, I think it would be appreciated by anyone with an open heart and a sense of wonder.

Quite possibly the world's oldest solo around-the-world backpacker, Linda J. Brown spent a year traveling throughout Eastern Europe, Turkey, Egypt, India, Thailand, Hawaii and the United States, turning 68 along the way. She challenges leading edge Baby Boomers to reclaim their 1960's backpacking style - this time on Social Security. After thriving on a limited budget while traveling around the world, making her plans as she went, Linda J. Brown busts the myth that the world is a dangerous place by telling stories of the friends she made along the way and detailing how it feels to be pushing seventy while carrying an 85-litre backpack, sleeping in hostels, riding local buses and trains and getting herself around whole continents for a year....alone. She financed all of this simply by accessing her monthly Social Security payments with her debit card from ATMs worldwide. The sale of an old volkswagon paid for her 'round the world air tickets. She is already planning her next RTW trip throughout the Southern Hemisphere for 2009 when she will be age 71.