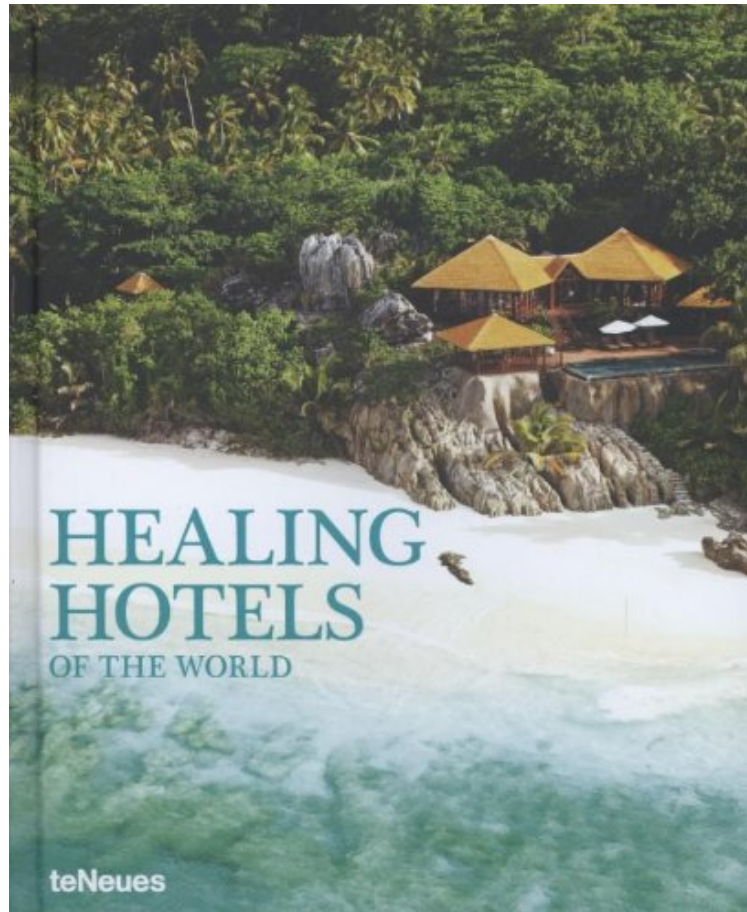


Healing Hotels of the World

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From Brand: teNeues : Healing Hotels of the World before purchasing it in order to gauge whether or not it would be worth my time, and all praised Healing Hotels of the World:

0 of 0 people found the following review helpful. Five Stars By Coco Lewis A lovely coffee table book. 1 of 3 people found the following review helpful. No comment By D. Winarchick Received the book.....just haven't had the time to read it. I am certain that I won't be disappointed. Thank you. 3 of 3 people found the following review helpful. Beautiful armchair travel: photos, design, and spa experience. Lots of OH PRETTY! inspiration By Esther Schindler The publisher asked me if I would be interested in reviewing this book, and after looking at the description it was very easy to say YES with great enthusiasm. This is a coffee table book with lovely travel photography of hotels and resorts, and the nature around them -- and honestly that's all it has to be. Sure, it really does describe a collection of hotels that focus on holistic health and well-being, with some logistics for each destination (in both English and German), such as spa, health, and other facilities (e.g. 7 treatment rooms, Ayurvedic treatment room, swimming pool, gym); treatments and services (such as bamboo massage, Tibetan singing bowl massage); activities (badminton,

canoeing); rooms (e.g. 45 villas); website; and location ("on the private island of Lankanfushi in the North Male Atoll, 20 minutes by speedboat from Male International airport"). Prices aren't mentioned, but I suppose that data would go stale very fast and it's obvious that none of these are for budget travelers in any case. The book's hotel listings really ARE worldwide, too, unlike a lot of "best of" lists that clump in places that most of us already know; only two of the Healing Hotels are in the U.S. So I can't tell you anything about the recommendations from personal experience; the closest is in Tucson, 100 miles away from me. Largely, though, this is a photography Wishbook for those of us who might like to go somewhere to be pampered, even if we are unlikely to make it to Thailand or the Himalayas. Which is not to say that I will get to NONE of these -- there's the Lanserhof in Austria, near Innsbruck, that sounds mighty appealing, and who can say no to that countryside? -- but it's not exactly 100 Healing Hotels I Must Visit Before I Die. (A shame, really.) But since each hotel gets about four pages of photos (and a little text, but mostly photos) it's inspiring just in the sense of Home Design. If I love the ambiance of the pool at the Castel Monastero in Tuscany, I can peer at the picture to figure out whether we could achieve it in our own backyard. (Which you and I know that I won't, but who cares? I'm having fun.) What a nice book. I encourage you to indulge yourself.

This unique cross-cultural account brings to life the momentum of the strongest movements in modern times: holistic health and well-being. With our hectic schedules, there's a growing sense that vacations and travel can be a respite--a chance to reconnect both mentally and physically. This guide showcases lodgings on all five continents that invite guests to learn how to take on the responsibility to lead a healthy life--be it through spa treatments, health-enhancing cuisine, fitness and relaxation, health consultations, or lifestyle coaching. Located in inspiring settings ranging from lush mountains to serene tropical beaches, these exceptional accommodations are ideal options for those who wish to set a more balanced direction for their lives.