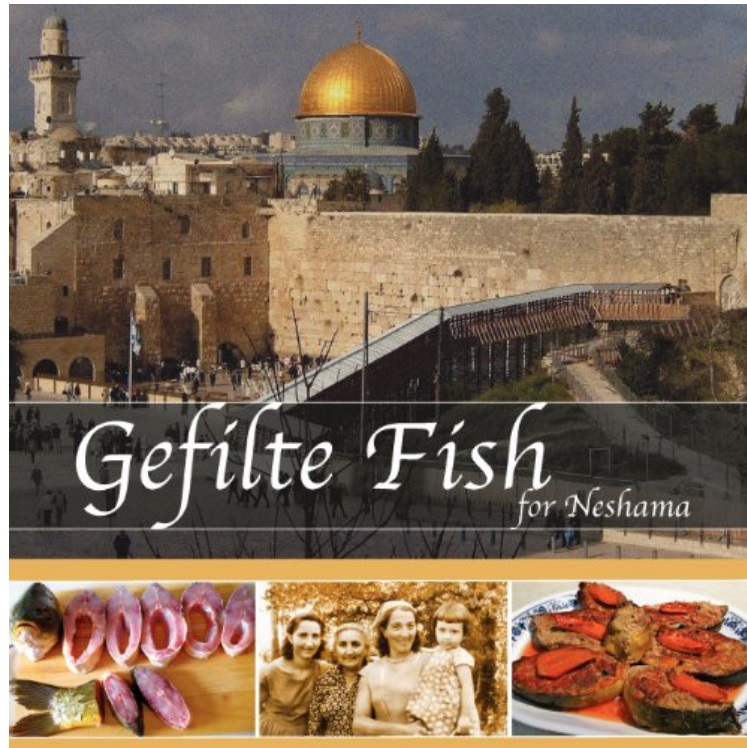


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Gefilte Fish for Neshama

Anna Shvets

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#5531396 in Books Anna Shvets 2012-10-01Original language:EnglishPDF # 1 8.50 x .13 x 8.50l, .24 #File Name: 098772682X50 pagesGefilte Fish for Neshama | File size: 60.Mb

Anna Shvets : Gefilte Fish for Neshama before purchasing it in order to gage whether or not it would be worth my time, and all praised Gefilte Fish for Neshama:

Anna Shvets, author of *Gefilte Fish for Neshama*, grew up in Russia in a family where Gefilte Fish was a savored dish made by her grandmother from scratch, exclusively for special occasions. After moving to Canada, Anna was surprised to learn that Gefilte Fish existed in bottled form. Less shocking, given her affinity for irony, was Anna's encounter with YouTube videos, songs, jokes, and even t-shirts on the subject of Gefilte Fish. She was amazed to discover that somewhere, in parallel with her world, another world existed-the one in which her favorite and most anticipated holiday dish, the celebratory Gefilte Fish, was not perceived as an epicurean delight by millions of Jews. Anna even suspected that the authentic Gefilte Fish-which she truly believes, thanks to its gastronomic qualities, is capable of making its way to the heart of the toughest food critic (through their stomach, of course)-has never been tasted by millions of Jews! This suspicion made Anna feel obliged to share the recipe and, more importantly, the process of making the delectable Gefilte Fish, so enshrined in her family, with anyone who is not afraid of becoming a Gefilte Fish convert in this day and age. The idea of creating a book came up during her last visit to Israel in the fall of 2011. *Gefilte Fish for Neshama* introduces us to a rare Litvak version of Gefilte Fish. This Passover, we can witness the culinary journey of one carp, from the moment it was spotted in a fish store of the well-known Jerusalem market,

Mahane Yehuda, to the moment it appeared on a dinner table as an appetizing Gefilte Fish dish. The book features photos of this dramatic transformation, along with the beautiful landscapes of Israel. Tapping into the broader history of our nation's old companion, Gefilte Fish, the book inspires not only to revive our culinary tradition but to recreate the magical connection our grandmothers had with food. In short, Gefilte Fish for Neshama is a celebration of food, family, and life itself. This beautiful book is both practical and artistic, and makes an amazing gift for the upcoming Jewish Holidays.