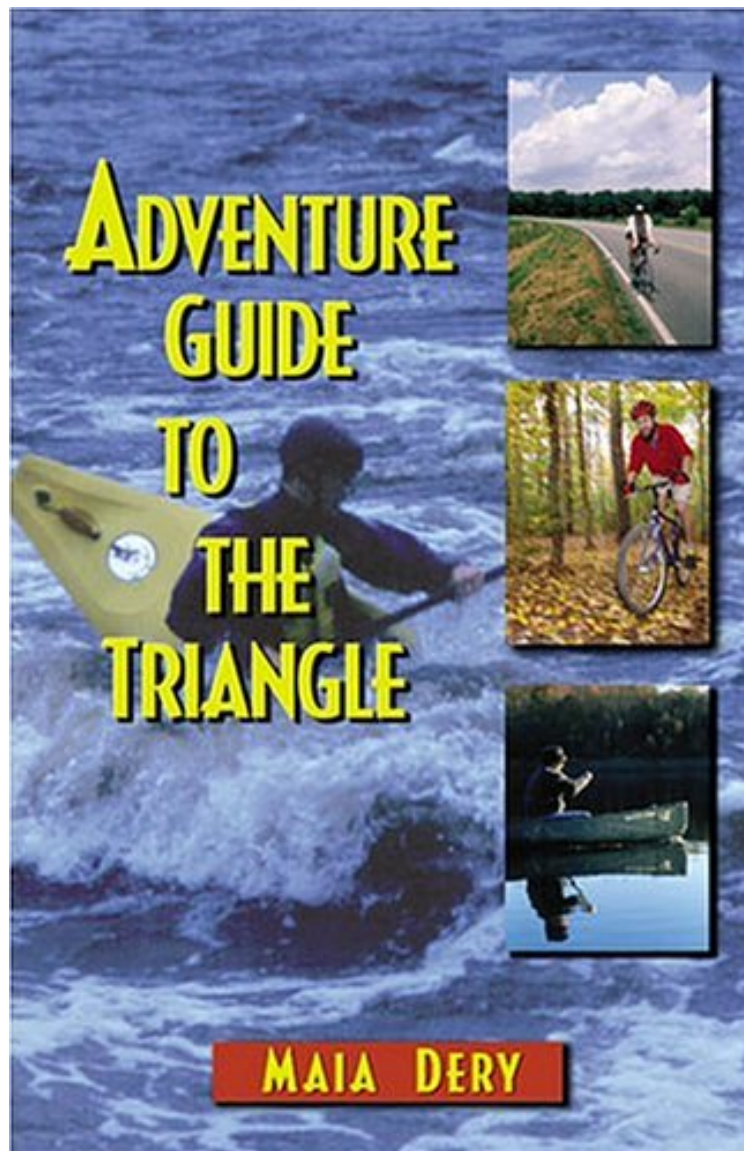


[FREE] Adventure Guide to the Triangle

Adventure Guide to the Triangle

Maia Dery

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Maia Dery : Adventure Guide to the Triangle before purchasing it in order to gage whether or not it would be worth my time, and all praised Adventure Guide to the Triangle:

0 of 0 people found the following review helpful. Great Guide to the TriangleBy Lover of booksI grew up in the Triangle area. Plenty to do, but Maia Dery's guide offers the stuff even the natives don't know about. Fun, relaxed writing style makes it easy to read.2 of 5 people found the following review helpful. A range of outdoor activities from

mountain and road biking to hiking and sea kayaking

By Midwest Book Review

Mia Dery's *Adventure Guide To The Triangle* refers to North Carolina's Triangle area, who enjoy a range of outdoor activities from mountain and road biking to hiking and sea kayaking. Visitors and residents alike will find plenty of sports and outdoors-oriented suggestions, including clear directions and line maps for locating the area, difficulty ratings, and reviews of back roads and byways.

This is the first comprehensive guide that covers all hiking, bicycling, and paddling opportunities in the Triangle area of North Carolina. In this guide, the Triangle encompasses Chatham, Durham, Harnett, Johnston, Lee, Orange, and Wake counties. This guide also includes the communities of Raleigh, Cary, Durham, Chapel Hill, Carrboro, Apex, and Pittsboro. Every hiking and biking trail is described and labeled according to length, difficulty, and surface. Each trail also has a map and in-depth trail directions. The rivers are broken down by section, with classes and levels provided. Along with a general description of each section is a listing of major rapids and difficulties.

About the Author

Maia Dery grew up in the Triangle area of North Carolina. She worked in a local outdoor shop for more than a decade after and while obtaining a B.A. from UNC-Chapel Hill and an M.A. from Duke University. She personally paddled every river or lake, and walked or biked every trail, greenway, and designated bike route in *Adventure Guide to the Triangle*. She is currently a lecturer in photography at Guilford College in Greensboro, North Carolina.