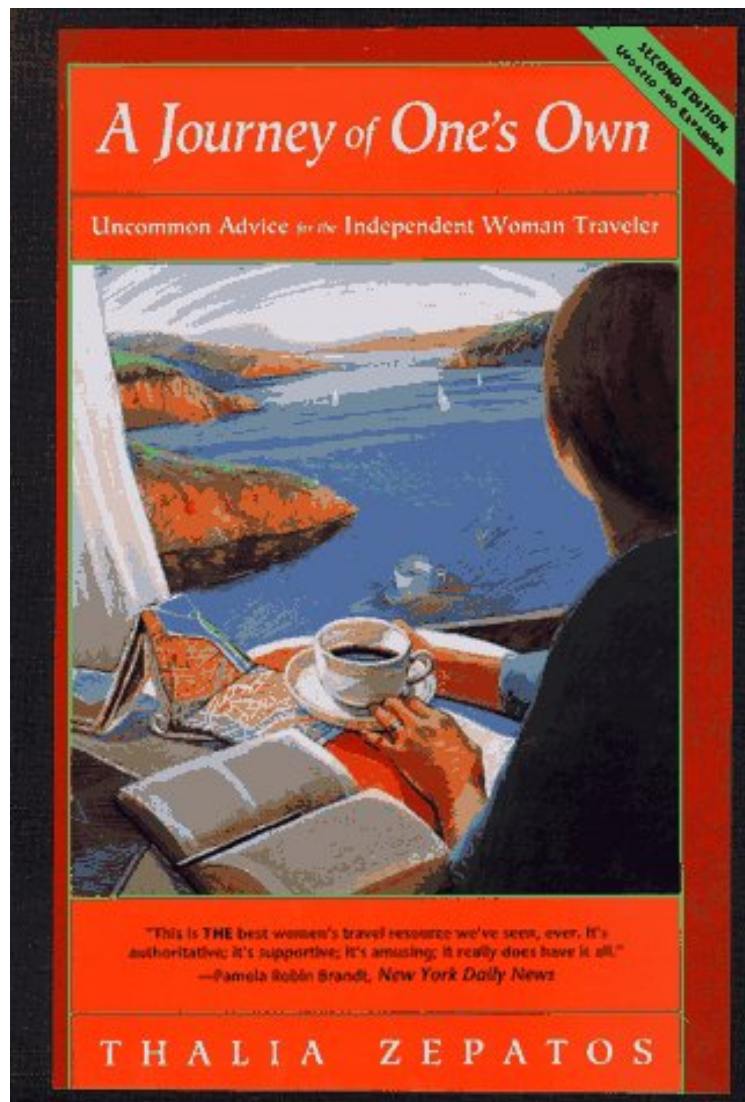


[Read now] A Journey of One's Own (Second Edition): Uncommon Advice for the Independent Woman Traveler

A Journey of One's Own (Second Edition): Uncommon Advice for the Independent Woman Traveler

Thalia Zepatos

ePub | *DOC | audiobook | ebooks | Download PDF



[Download](#)

[Read Online](#)

#4791748 in Books 2000-05-01 Original language: English PDF # 1 1.20 x 6.14 x 9.021, #File Name: 0933377371360 pages | File size: 74.Mb

Thalia Zepatos : A Journey of One's Own (Second Edition): Uncommon Advice for the Independent Woman Traveler before purchasing it in order to gauge whether or not it would be worth my time, and all praised A Journey of One's Own (Second Edition): Uncommon Advice for the Independent Woman Traveler:

1 of 1 people found the following review helpful. Very interesting, butBy Andrea HoffmanIt is full of interesting facts

and suggestions, but it appears to be for the very brave and intrepid. I learned a lot from this book, but I am not going to go to India without any reservations nor am I going to stay in any sort of hostel. I'm not a snob, but I do have to travel with a CPAP machine and I don't know if hostels have plugs for CPAP's. In other words, this book would have been great for my 20's, but I don't think I can travel the way she does in my 50's. It is a different (and cheap) way of traveling but not for me. Could be good for you.

2 of 2 people found the following review helpful. Even though this was written some time ago, it is an invaluable guide for the solo traveler.

By SpunStories B. The subtitle of this book is UNCOMMON ADVICE FOR THE INDEPENDENT WOMAN TRAVELER. And this book is exactly that. I don't know how author Thalia Zepatos does it, but she manages to tuck every conceivable thing you could possibly wish to know, if you are a woman planning to travel alone, into 250 pages. It covers the pros and cons of traveling alone versus traveling with a companion or taking a tour. It talks about creating your own journey, how to find and meet friends in different cultures and what to expect from those cultures. It talks about sexual harassment and how to deal with it. It covers packing and how to make the transition back home. For the first time in my life, I am leaving the safety net of traveling with my husband, and am setting off by myself into a part of the world known for its machismo and consequent harassment of women travelers. I am so glad I found this book! Five stars.

1 of 1 people found the following review helpful. Solo journey

By Tom McMillin Helped elevate some of the apprehension of traveling alone. Good information given as to traveling within cities, what to see and making friends.

Fascinating tales of cross-cultural encounters and self-discovery from a wide array of women are interwoven with detailed advice on practical matters such as how to deal with sexual harassment, stay healthy, be safe, and avoid theft. Beautifully written and organized for easy accessibility, *A Journey of One's Own* is an unusual combination of the useful, the imaginative and the inspiring.

.com *A Journey of One's Own* was written for women who long to travel but are a little hesitant about facing the open road alone. Author Thalia Zepatos has traveled by camel across the Thar Desert, hitchhiked along the Malay Peninsula, and trekked the high country of Nepal, and in this book she offers advice, encouragement, and wisdom to the women she hopes will follow in her footsteps. Zepatos recognizes that female travelers face challenges that their male counterparts seldom experience: sexual harassment, safety and health concerns, and cultural attitudes are a real part of any woman's travel experience. She also believes that women experience travel differently from men, and she sees the "global sisterhood of women" as a positive, ready-made opportunity for women to interact with whatever culture in which they find themselves. Travel essays by women alternate with chapters on practical matters such as traveling alone, finding a compatible travel companion, planning your itinerary, and staying safe and healthy; as an added bonus, there's a list of resources that covers a variety of topics, from travel books and magazines to Internet service providers and socially/environmentally responsible travel opportunities. So, stop dreaming and start planning that fantasy trip with *A Journey of One's Own*.

From Library Journal Zepatos, a traveler and lecturer, offers this guide for the independent woman who wishes to do extensive traveling on her own. Much of the book is directed toward helping women make decisions about whether to travel alone, with a companion, or in a group and how to handle extended travel to remote locations around the globe. Information is included for lesbians traveling alone or with a partner, and the author emphasizes homeopathic and natural remedies to combat illness. Although aimed at women, the book contains much valuable information for travelers in general, especially those considering a trip of several months or more. Narratives by the author and other women who have traveled to distant lands add flavor to this unusual guidebook. For alternative travel collections.

-Marguerite Mroz, Baltimore Cty. P.L. Copyright 1992 Reed Business Information, Inc. "Thalia Zepatos is . . . teacher, spokeswoman, and heroine of sorts to a generation of travelers, both women and men, who understand travel as more than the periodic recreational migration that our commercial culture promotes." *Seattle Times* --